

What is your definition of conflict?

What ways do you tend to cause conflict for others?

Look up Proverbs 10:12, 15:18 and 29:22 and describe the correlation between anger and conflict.

What do the following versus say about the characteristics of a person who causes conflict?

Proverbs 16:28	
Proverbs 26:20	
Proverbs 13:10	
Proverbs 23:29	

Who are the lead characters in these examples of those that cause conflict?

Genesis 13:6-7	
Genesis 31:36	
Matthew 9:34	
Acts 15:38-39	

What do the following versus say about conflict?

Proverbs 19:13	
Proverbs 27:15-16	
Proverbs 18:19	
Proverbs 26:21	
Proverbs 17:21	
Proverbs 26:17	

Key Truth: People who cause conflict, are purposed (consciously or unconsciously) to destroy another persons life. The resolution of conflict is quite simple – stay out of the affairs of others unless personally invited in. Many Christians are “stress addicted”. That means that they believe it is necessary to have stress in their lives in order to “feel” alive. They tend to be gossips. Gossip creates stress, stress creates conflict and conflict kills and destroys.

If you find yourself being addicted to stress, I strongly recommended that you find a mentor that can assist you in discovering how to **rest in Christ**. “Stress Addicted” people can be the most difficult to deal with – they tend to create problems in order to gain control over the people trying to help them. The answer is in walking in humility and not attempting to take on responsibilities that do not belong to you. Pray for a gentle and quiet spirit. Most importantly, submit yourself to an authoritative figure that can “get you out of this”.